Substance Use Disorder **education sessions**

These one-of-a-kind education sessions are specifically designed for **parents, caregivers, and family members of individuals** impacted by addiction. Gain up-to-date knowledge on substance use disorder (SUD), its impact on youth, and effective ways to support your loved one.

Presented **by families for families**, this training reflects the voices of those with lived experience and was developed in collaboration with **Health Care Authority**, family-led organizations, and dedicated advocates.

Connect and empower

- Learn practical skills from the **CRAFT (Community Reinforcement and Family Training)** model
- Discover real strategies for improving communication and reducing conflict
- Access guidance for navigating Washington's behavioral health systems

Training details

- 8-week series, one 2-hour session per week
- Flexible schedule: choose a morning or evening session
- Certificate of Completion available upon attending all 8 modules

Topics covered

Interactive, research-based content will include:

- The science behind SUD and its effects on the adolescent brain
- Relationship tools grounded in compassion and evidence-based practices
- Systems navigation and community support access within Washington State

Resource guide

Participants receive information and resources on SUD supports and services specific to Washington State.

Register today

Register for ongoing sessions throughout the year:
wsccsupport.org/family-navigator-training

For questions, contact Christina Jackson at **Christinajackson@wsccsupport.org** or WSCC SUD support at **sud@wsccsupport.org**

Washington State Health Care Authority

WASHINGTON STATE COMMUNITY CONNECTORS
Connecting Families, Resources & Ideas

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